

Extraordinary. Every day.



Our **SUPPORT OPTIONS** have you covered, whatever your circumstances.

www.ahcs.org.au

Interested in our services?
Discuss your needs with us
today on 1300 303 770.



OUR SERVICES

Living independently in your own home and community can be a reality, whatever your age or ability.

Personal care

Our staff are **HIGHLY EXPERIENCED** in all aspects of personal care.

This includes:

- personal hygiene activities (showering and dressing and all aspects of grooming such as shaving and hair care)
- supervising medications
- continence support
- assistance with food preparation, eating and drinking.

Services also extend to assistance with mobility and transfers, associated therapy routines and support with aids and appliances.

Help in the home

Discover new ways to live better at home.

Our support workers can provide regular assistance with:

- laundry and ironing
- changing bed linen
- cleaning bathroom, kitchen and appliances
- organising heavy-duty cleaning
- running errands
- supplying meals
- care of pot plants and pets
- vacuuming and dusting
- shopping.



Keeping you connected

Pursue your passions and keep connected with family, friends and the things that matter to you. From catching up with friends, going to work, attending appointments (including therapy and rehabilitation sessions), to enjoying sporting events and special occasions, we can get you out and about.

Providing companionship is part of the service, creating opportunities to share your interests and passions. See a movie, take a shopping trip, enjoy a holiday, engage in your favourite hobby or indulge your interest in travel. We can even provide assistance with childcare. Our staff have what it takes to keep you connected.

Package your care

With our premium packaging service, organising and delivering your services is just the beginning. Our expert team can take care of your budget, funding and invoicing on your behalf so you can focus on the things that matter to you.

With our premium packaging service, we make everything **simple.**

Health services

Our extensive health services mean you don't have to go anywhere else for your specialist care needs. We deliver the full range of nursing, allied health, multi-disciplinary expertise and information services.

Carers need a break too

Regular breaks are essential to maintaining the health and wellbeing of carers and those they support.

Our respite services provide carers with some 'me' time to attend personal appointments, enjoy leisure activities or undertake tasks independently.

We can provide **planned, regular respite** during the week, on weekends, overnight or during holidays.

In addition to these services, we also offer shared supported accommodation at several locations in Victoria and New South Wales. **Residences feature 24/7 staffing support** catering for people with a range of disabilities, such as acquired brain injury and multiple sclerosis. Our residences are particularly suited to younger people with disabilities when more intensive assistance is needed.



Your trusted partner

Backed by 30 years' experience, we deliver nearly one million hours of home-based support each year. Fully certified and leading our industry with a 'best in class' training program, you can be sure you're in safe hands with us.

As a registered provider with the National Disability Insurance Scheme (NDIS) and a partner to many people with aged care packages, we deliver services to a diverse client base. We also offer interpreter services.

Our staff

Our staff are required to undertake a Certificate III in Individual Support (or equivalent) as a minimum. Many have Certificate IV qualifications in ageing support or disability. Nursing and allied health staff all hold the requisite qualifications and registrations.

All staff undertake extensive screening prior to commencing with us, including mandatory police checks and working with children checks where appropriate.

Australian Home Care Services provides support services in metropolitan, regional and rural Victoria and New South Wales and we are branching into Queensland and the ACT.

Our services are available from as little as one hour per month, to 24 hours a day, seven days a week.

We're the **experts** in navigating your path to the **supports you need.**



For a free consultation, call Australian Home Care Services on 1300 303 770.



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As a proud subsidiary of Multiple Sclerosis Limited, we support the thousands of Australians living with this chronic disease and the drive for a cure.



Health & Safety
AS 4801
SAI GLOBAL



Quality
ISO 9001
SAI GLOBAL